



FACULTY OF  
MEDICINE

كلية الطب  
جامعة الإسكندرية



# ENDOCRINE *Bay* CONFERENCE 2024

29 FEB.  
1 MAR.  
2024

  
*Mirage*  
HOTEL & CONFERENCE CENTER  
ALEXANDRIA

*Scientific*  
**PROGRAM**

[endocrine-bay.org](http://endocrine-bay.org)





**Saxenda®**  
liraglutide 6mg/ml solution  
for subcutaneous injection

# Welcome

On behalf of the Endocrinology Unit, Alexandria University  
We would like to welcome you to the 3<sup>rd</sup> Endocrine Bay.

The conference is held on  
**29<sup>th</sup> February – 1<sup>st</sup> March 2024** at **Mirage Hotel Alexandria**  
and will be covering interesting topics in Endocrinology,  
Diabetology and Lipidology.

Conference President

**Prof. Eman Azzam**

Head of Endocrinology Unit, Faculty of Medicine, Alexandria

Vice President

**Dr. Ahmed Abdelhameed Osman**

Scientific committee

**Dr. Marwa Salah**

**Dr. Samar Samy**

**Dr. Ahmed Alaa Abdelaziz**

Thank you

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SPONSORS



# Speakers INSTRUCTIONS

## Congress halls will be equipped with:

A laptop with Microsoft Windows 11 and Microsoft Office 2019.  
Internet access will NOT be available inside the meeting rooms.

To ensure that the meeting progresses smoothly, please follow the following instructions:

- All presentations should be recorded on a USB flash memory (preferred) or CD-R.
- Please save presentations in PowerPoint 2007 or later format for PC.
- Upload your presentation early to the Audiovisual Center (RM Events) as we will load the presentations to the hard drive of our systems before the sessions by one hour.
- No personal laptops are permitted for presentations.
- In case you have problems with your presentation(s), please do not hesitate to contact the IT support team (RM Events).

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Computerized  
**Count-Down  
TIMER**  
will monitor speakers' time

So make sure to present during the given time,  
as **NO EXTRA TIME IS ALLOWED**



*Thursday* 29 FEBRUARY

9:00 - 10:00

REGISTRATION

10:00 - 10:30

OPENING CEREMONY

# Day 1

## 10:30 - 11:30 OBESITY SESSION

Chairpersons: Khaled Qatari, Magdy Omar, Mohammad Kamal Ghitany

10:30 - 10:45 IBD, Obesity and biomolecules (New concept)  
**Ezzat Ali**

10:45 - 11:00 Weight regain after bariatric surgery  
**Mohamed Sharaan**

11:00 - 11:15 Pharmacotherapy of obesity in children  
**Omneya Magdy**

11:15 - 11:30 **Discussion**

*Thursday* 29 FEBRUARY

**11:30 - 12:30**    **DIABETES SESSION I**

Chairpersons: Rawheya El-Essawy, Samir Helmy, Soheir Said

11:30 - 11:45    Albuminuria in DM, not just DKD  
**Ahmed Fathi Elkerai**

11:45 - 12:00    Neuropathy in DM  
**Ghada Abdelhady**

12:00 - 12:15    Eva Symposium: Triple hit therapy of type 2 DM  
**Eman Azzam**



12:15 - 12:30    **Discussion**



# Day 1

12:30 - 12:45

**BOEHRINGER INGELHEIM SYMPOSIUM**



**Boehringer  
Ingelheim**

Chairperson: **Ahmed Abdelhameed**

12:30 - 12:45

The use of FDC in management of T2D  
**Eman Azzam**

12:45 - 13:30

**COFFEE BREAK**



# Thursday

## 29 FEBRUARY

### 13:30 - 14:30 PARATHYROID SESSION

Chairpersons: Montasser Zeid, Rawheya El-Essawy, Soheir Saeed

13:30 - 13:45 CKD-BMD (Nephrology perspectives)  
Mohamed Mamdoh

13:45 - 14:00 CKD-BMD (Orthopedics perspectives)  
Awad Elmalky

14:00 - 14:15 Normocalcemic hyperparathyroidism  
Hanaa Elnagar

14:15 - 14:30 Discussion

# Day 1

## 14:30 - 15:30 **THYROID SESSION**

Chairpersons: Bassem Nahaat, Salma Samir, Tamer Elsherbiny

14:30 - 14:45 **Thyroid and skin**  
**Alsayeda Taha**

14:45 - 15:00 **Thyroid and ICU**  
**Alaa Abdelsalam**

15:00 - 15:15 **Thyroid labs other than TFTs**  
**Samar Samy**

15:15 - 15:30 **Diabetic foot, recent updates**  
**Magdy Helmy**

*Thursday* 29 FEBRUARY

15:30 - 16:15

**SANOFI SYMPOSIUM**

**sanofi**

Chairperson: Marwa Salah

15:30 - 16:00

**FRC & basal insulin: Which? for who?**  
**Eman Azzam**

16:00 - 16:15

**Diabetes and heart failure.**  
**Exploring definitions and optimising management**  
**Ahmed Abdelhameed**

# Day 1

## 16:15 - 17:30 CASES SESSION

Moderators: Ahmed Abdelhameed, Ahmed Alaa, Eman Azzam  
Marwa Salah, Samar Samy

16:15 - 16:30 Case 1  
**Noha Salah**

16:30 - 16:45 Case 2  
**Alaa Saleh**

16:45 - 17:00 Case 3  
**Nada Ashraf**

17:00 - 17:15 Case 4  
**Sara Abd El-Rahim**

17:15 - 17:30 **Discussion**

17:30

**LUNCH**



*Friday* **1 MARCH**

**10:00 - 11:00**

**ADRENAL SESSION**

Chairpersons: Eman Azzam, Nabil Elkafrawy, Rawheya El-Essawy

**10:00 - 10:15**

**Diagnosis of primary hyperaldosteronism, Challenges and updates**  
**Rami Samir**

**10:15 - 10:30**

**Updates in adrenal incidentaloma**  
**Hytham Badr**

**10:30 - 10:45**

**Glucocorticoids induced hypocortisolism**  
**Ahmed Abdelhameed**

**10:45 - 11:00**

**Discussion**

# Day 2

11:00 - 12:00

## PHARMA SYMPOSIUM

Chairperson: Marwa Salah

11:00 - 11:30

MSD symposium: Role of sitagliptin in management of newly diagnosed patients  
**Yehia Ghanem**



11:30 - 12:00

Astrazeneca symposium  
**Samir Naim**



12:00 - 13:00

## COFFEE BREAK AND PRAYER



*Friday* 1 MARCH

13:00 - 14:00

**CARDIOLOGY-ENDOCRINOLOGY CROSSTALK**

Chairpersons: *Magdy Helmy, Mahmoud Hasaneen*

13:00 - 13:15

Updates in treatment of diabetic HF  
**Tarek Elzawawy**

13:15 - 13:30

Heart as an endocrine organ  
**Ahmed Alaa**

13:30 - 13:45

Thyroid and the heart  
**Eman Azzam**

13:45 - 14:00

**Discussion**



# Day 2

14:00 - 15:00

## DYSLIPIDEMIA AND OBESITY SESSION

Chairpersons: Elsayed Abdelfattah, Eman Azzam, Yehia Ghanem

14:00 - 14:15

TG rich lipoproteins  
**Fawzy Elmosallamy**

14:15 - 14:30

Endo- Lipids  
**Samir Naim**

14:30 - 14:45

THR agonists and NAFLD  
**Mogahed Abolmagd**

14:45 - 15:00

Marcryl symposium:  
Diabetic dyslipidemia: Evolution of more  
aggressive lowering approach  
**Mohamed Zeitoun**



*Friday* **1 MARCH**

15:00 - 15:45

**NOVO NORDISK SYMPOSIUM**



Chairperson: **Samar Samy**

15:00 - 15:20

**Oral semaglutide: The first and only oral GLP1- RA**  
**Ahmed Abdelhameed**

15:20 - 15:40

**Practicalities of safe ramadan fasting with IDegASp**  
**Tamer Elsherbiny**

15:40 - 15:45

**Discussion**

# Day 2

15:45 - 16:45

## DIABETES SESSION II

Chairpersons: Fawzy Elmosallamy, Mogahed Abolmagd  
Mohamed Abdelraoof

15:45 - 16:00

Diabetes and ramadan  
**Elsayed Abdelfattah**

16:00 - 16:15

Endocrinology and MASLD, FAQs  
**Ahmed Alaa**

16:15 - 16:30

Alpha & beta cells cross talk  
**Nabil Elkafrawy**

16:30 - 16:45

**Discussion**

# Friday

## 1 MARCH

16:45 - 17:45

### PITUITARY SESSION

Chairpersons: Essam Welaya, Rawheya El-Essawy, Soheir Said

16:45 - 17:00

Hyperprolactinemia: Revisited  
**Tamer Elsherbiny**

17:00 - 17:15

Perioperative management of pituitary adenoma  
**Marwa Fekry**

17:15 - 17:30

Remission of cushing disease  
**Marwa Salah**

17:30 - 17:45

**Discussion**

17:45

### LUNCH





**Janumet™**  
(sitagliptin/metformin, MSD)

In patients with type 2 diabetes mellitus  
uncontrolled on diet and exercise alone

**Start early with JANUMET™:**  
**Powerful HbA<sub>1c</sub> reductions,**  
**as much as 3.6%<sup>1,a</sup>**

**-3.6%**

HbA<sub>1c</sub> reduction  
at 18 weeks<sup>a</sup>

(N=559)

**Reference**

<sup>1</sup> Rossner et al. The effect of initial therapy with the fixed dose combination of sitagliptin and metformin compared with metformin monotherapy in patients with type 2 diabetes mellitus. *Diabetes, Obesity & Metabolism* 13: 641-652, 2011



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Organizing office in charge

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